



Sutter Buttes 4-H New Member Packet

The first year of 4-H is exciting for youth and their families. However, it can also be very confusing for parents who want to ensure their youth gets the best experience. This page is designed to support new 4-H families through their first program year and beyond, and is a great refresher for all our 4-H families.

*It is important to know that 4-H is about youth development. Members are not required to own or participate in an animal project, nor do they need to participate in the Yuba-Sutter Fair in any way. They are encouraged to learn through all project-level activities, leadership opportunities, and community service involvement Sutter Buttes 4-H has to offer.

4-H Pledge and Motto

Pledge

As a true 4-H member, I pledge
My head to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
My health for better living,
For my club, my community, my country, and my world.

Motto: To Make the Best Better

The 4-H Motto refers to each member. It means each member does the "best" they possibly can in whatever is attempted. The member then strives to improve the next time so the initial "best" becomes even "better." The 4-H motto encourages members to stretch their abilities and capacities to reach greater achievement within their own potential.

Information Highlights About 4-H

Commitment- This organization depends on parents to accompany and monitor their children to ALL meetings and events. It is with your help that we can promote learning, appropriate meeting behavior, and social behavior throughout the year. All of the parents are asked to volunteer and help support our many events and projects. It is with parent involvement that children thrive and grow. If you are interested in helping, please refer to our website's events page or this packet for information regarding each event. Please let Kristy Helzer know if you want to help at any of these events. Certain events may not be available if parents are unwilling to volunteer to make them happen.

Age Groups—Your children will belong to one of the membership levels below, depending on their age. The levels in 4-H are based on the child's age as of December 31 of the program year. All members must exhibit in shows and fairs based on their age as of December 31 of the 4-H program year, regardless of when a fair, show, or event is conducted during the calendar year.

Primary, 5-8 years old: Primary members can exhibit in fairs but are limited to small animal projects and still exhibits only. They are not allowed to sell an animal through the livestock auction. The years as a primary member encourage youth to act responsibly, learn leadership skills, gain confidence, and harness the enjoyment of 4-H.

Junior, 9-10 years old: Junior members are eligible to enroll in all 4-H projects.

Intermediate, 11-13 years old: Intermediate members may enroll in all 4-H projects and/or serve as Junior Leaders. **Senior, 14-19 years old:** Senior 4-H members may continue in the program until December 31 of the year they turn 19. Senior members may enroll in all 4-H projects and/or serve as Teen Leaders.

4-H Uniform- The official 4-H uniform is white pants (can be white jeans and usually is), a white collared shirt (short sleeve or long sleeve), a 4-H hat, and a scarf or tie (these can be bought through the Sutter-Yuba County 4-H office located at 142A Garden Highway, Yuba City, CA 95991). The official uniforms are usually only used during the Fair but can be required throughout the year. The members have opportunities to acquire pins for their 4-H hat and will receive yearly pins for every completed year of 4-H.

Communications—Our club is huge and strives to give you information quickly. With that being said, we will send emails out monthly and bi-monthly, sometimes more. All emails need to be read in their entirety. These emails remind you of upcoming events and provide important information regarding club activities and Fair requirements. We do not monitor the return emails daily; please be aware. Most of our information is also on our website at sutterbuttes4h.com. The website is a great tool if you need questions answered. Please make yourself aware of all it offers.

Monthly Meetings—The Sutter Buttes 4-H club meets on the second Tuesday of every month at 6:30 p.m. at the Sutter Youth Organization in Sutter. Sometimes, meeting days are adjusted for convenience during school breaks and high school finals week. The meetings usually last one hour. We have activities and refreshments after the meeting so the kids can better acquaint themselves with other members. Please refer to the calendar of events page in this packet.

Projects- Members choose to learn within "projects." A project may be almost any subject that young people are interested in. Each club offers different projects depending on the needs and interests of the youth and the availability of caring adults to lead the project. If you are interested in leading a project our club does not offer, there are many resources out there, and we are happy to help you through this process. If you want to learn more about a project leader's responsibilities, please contact Candice Fresquez.

Fair Eligibility (animal project and still exhibits)—All members who want to participate in the Yuba Sutter Fair, whether for an animal project or a still exhibit, must meet all Fair Eligibility requirements. Please refer to the Fair Eligibility page in this packet.

Bi-County Events- One of the requirements for participation in the fair is Bi-County Events. Any member, regardless of their involvement in the fair, can attend these events. The Yuba-Sutter 4-H Office organizes them and provides many opportunities to participate in our two counties and the community. The Bi-County Events allow members not only to give back to their communities but also enable them to form friendships among other 4-H Clubs in our counties. We are fortunate to have many Bi-County Events to participate in. On our events page in this packet, the events that qualify as Bi-County Events are noted, and the Bi-County Events are announced at our monthly meetings as upcoming events.

Community Service Events—In addition to Bi-County Events, we provide community service at our club level. These community services do not count toward Bi-County Event requirements. Our club partners with the Sutter Lions Club, Children's Hope Foundation, and Sutter Youth Organization, among many others. Only by giving back to our community can we become part of it.

Presentations—Public speaking continues to be a cornerstone of the 4-H program. The presentation program has expanded to include various public speaking formats and opportunities for members to receive feedback from evaluators. 4-H Alumni often mention that they learned how to speak more effectively through their participation in this program. Our club agrees with the above and focuses on presentation credit. We encourage ALL our members to take advantage of the County Presentation Day, regardless of your presentation level. (Presentation levels can be found on the Fair Eligibility page in this packet.) Our club also does something unique for our Project Level members; We conduct a Presentation Workshop that teaches the different aspects of a Demonstration Presentation. All members who decide to show at the fair, whether through a still or animal project, must meet presentation requirements regardless of their level per the Sutter Buttes 4-H Club Bylaws.



Bi-County Event Descriptions:

Important information:

- Whenever you are representing 4-H, please wear appropriate dress. A 4-H shirt and appropriate shorts or pants must be worn. If you do not have a 4-H shirt, please ensure the shirt you wear is appropriate.
- Parents must stay with their members unless otherwise told by the 4-H leader in charge. Parents must ensure that their kids behave in a manner that would make our club proud.
- Some of the Bi-County events will include presentation credits. If you would like to use one of these events for presentation credit, you must have already received a blue or gold award at a county presentation day in prior years, and communicate with Kristy Helzer what you plan to use for presentation credit BEFORE you do the event. We want to ensure our members know how to present a formal presentation before utilizing other crediting events.
- Remember, when parents and their members attend these events, you represent 4-H, the organization. You need to act in a manner representing the four H's: head, hand, heart, and health.

Kick-Off Event (Bi-County Event): This event is to kick off the new 4-H year and is open to anyone who wants to learn more about 4-H. Every club has a booth at the event. The booth can be informational or a craft.

Club Leadership Planning Meeting: The Leadership team meets before the regular monthly meeting to discuss the agenda. The officers who attend these meetings are the President, Vice President of Leadership, Vice President of Programs, Treasurer, Community Service Officer, Reporter, and Social Media Officer.

Sutter Buttes Monthly Club Meeting: Our monthly club meetings are where we discuss Secretary and Treasurer reports, upcoming events, past events, and any other important information. We always have a program, usually presented by a guest speaker, as well as activities and refreshments after the meeting to socialize with fellow members.

Cattle Drive Parade (Bi-County Event): Before the Marysville Stampede, the rodeo conducts a cattle drive. The county 4-H office will submit a spot for a float. They ask at least one club to take the lead and bring a float. If there is no float, the kids walk in the parade.

Marysville Stampede Rodeo Kids Area (Bi-County Event and possible presentation credit): The county 4-H office sets up a booth that provides entertainment for kids during this event. Booths with games and activities are available for all kids and are free. There is also an informational booth conducted by our senior members, along with a parent representative. The informational booth is where you could receive presentation credit for sharing with the community about 4-H and your experiences. To receive presentation credit, you must have received a blue or gold at County Presentation Day in a prior year.

Club Officer Training (Bi-County Event): Club officer training is for all Yuba-Sutter club officers to participate in. This event teaches the kids about parliamentary procedure and the specific duties of their office position. It is also open to any member wanting to become an officer and learn about the different office positions.

Yuba-Sutter Farm Day (Bi-County Event): The Farm Bureau puts on this event for all the kids in the area. It is usually a school field trip that teaches the kids about agriculture. To be counted as a Bi-County Event, you must be volunteering in the 4-H booth. Attending the event is not considered Bi-County credit.

TSC Paper Clover Campaign (Bi-County Event): Tractor Supply Company allows us to stand outside the local store and ask customers to round up their bill for 4-H. We do this in the fall and in the spring. You are on your own for this event, so parents must accompany the member. The TSC staff will not watch your kids and cannot be left alone at any age. Please do not bring a

chair and stay off your phones when people are approaching. It is best if you know the 4-H pledge, as some customers may ask you to recite it. You will need to ask one of the cashiers for a "receipt" to show proof of your credit earned.

National 4-H Week: National 4-H Week is a national event to promote 4-H. You can wear your 4-H shirt to school, put up flyers or posters at your school, add designs to your parents' car windows with window paint, etc. Please ask your school's principal if you are handing things out or would like to add a poster to the walls. Parents' approval is needed before adding anything to their cars!

Fall Fair (Bi-County Event): This event will be held at the Marysville Sheriff Posse's arena.

County Council Meeting (Bi-County Event): The County 4-H office has bi-monthly meetings for members and community leaders to gain information about upcoming events. This is done through a parliamentary procedure meeting format. Any member who shows up and participates in the meeting will receive bi-county event credit.

Mandarin Sales: We do 2 Mandarin sales as a fundraiser every year. The dates of these are November and December. We usually start selling after our October meeting and pick up the mandarins at our November meeting. Then we will sell again after the November meeting and pick it up at the December meeting. Sometimes, we have a separate pick-up day depending on the weather and readiness of the mandarins. These are great gifts for Thanksgiving and Christmas hostess gifts, teachers, neighbors, Aunts and Uncles, etc. This is a great time of year to get that extra vitamin C and support local businesses and 4-H simultaneously!

Canned Food Drive: The Sutter Lions Club collects canned food for our local community. We help by hosting a canned food drive. We meet at South Butte Market, walk/drive around town, and pass out flyers asking people to leave donated canned food on their front porch for a scheduled pick-up day. We then come back on that pick-up day to collect it. In addition, we ask our members to bring canned food to our club meetings for the same purpose.

Craft Day (Bi-County Event): The county 4-H office puts on a craft day at their office. Each club sets up a booth with a craft that members can come and complete. This is a great day for the younger members to come and enjoy themselves doing multiple crafts. Some clubs ask for monetary donations for their craft (usually only a quarter or so) to help cover their costs. Our club covers all the expenses. If you are interested in holding a booth, please let us know.

SYO Christmas Tree Lighting: The Sutter Youth Organization (SYO) holds a Christmas tree lighting event for the community. This event includes crafts, hot chocolate, Santa, and singing in front of the tree before we light it. Our club runs a cookie-decorating booth for this event.

Marysville Christmas Parade (Bi-County Event): The city of Marysville puts on the Christmas Parade, and our County 4-H office buys a float slot. Sutter Buttes 4-H is usually asked to take the lead on a float. Other clubs may have floats as well. Kids will participate in the parade by either riding the float or walking. There have been years when we bring animals to walk with us, but that is a year-to-year decision based on parade rules, weather, and who is volunteering to be in charge of the event. With this parade, please dress for the weather. We are usually outside for 3-4 hours in the evening, rain or shine.

Children's Hope Book Drive: Children's Hope comes to our December monthly meeting to present information about their program and to pick up children's books from our members. We ask that every member bring a book for children of all ages, from infancy to high school. We count the books as they are added to the tubs, and each member gets a candy cane for their book. It is a great way to give back to the kids in our community and teach our members the importance of community support.

CSU Chico Sheep and Goat Day (Bi-County Event): CSU Chico provides an educational day for anyone interested in sheep and goats. This event helps with everything from feed to showmanship to breeding.

County Presentation Day (Bi-County Event and Presentation Credit): Presentation credit has three levels based on age and your years in 4-H. (Please refer to the presentation section in this packet for your member's level.) This event is for the county-level kids, but can also be utilized by any level. There are many different types of presentations. In order to know what kind of presentation you will be doing and to know what you will be evaluated on, please refer to the 4-H Presentation Manual on the Sutter Buttes 4-H website or the Yuba Sutter County 4-H website. The county presentation day is when you come with a prepared speech ready to present. You can also volunteer to help on this day and receive presentation credit if you are an intermediate or senior member who has received a blue or gold award at any prior county presentation day. If you receive a blue or gold on county presentation day, you will receive pins for your hat. And if you are a primary member and present here, you will get a participation pin for your hat.

****You can also receive a 5-presentation pin if you present to 5 different groups. Three of them can be the county presentation day, the regional presentation day, and the state presentation day. You can do the other 2 presentations to a classroom or a service club (i.e., Rotary, Exchange, Lions), or you can present it to our 4-H group.**

Regional Presentation Day (Bi-County Event): If you receive a blue or gold at county presentation day (mentioned above), you can participate in regional presentation day for a chance to participate at the state level. If you participate here, you will receive another pin for your hat with a blue or gold award.

State Field Day (Bi-County Event): The annual California 4-H State Field Day is the largest and most comprehensive educational event for 4-H youth members and 4-H volunteer educators. Since 2002, 4-H'ers from throughout the state have come together to compete at the state level in various competitions. This family-friendly event is for all ages to participate. Each contest and activity is coordinated by 4-H volunteers and youth. The goal of the event is to provide a culminating experience for 4-H members in their year-long 4-H education in public speaking, textiles, plant sciences, photography, interview skills, and entomology.

Club Presentation Night: Presentation has three levels based on age and your years in 4-H. (Please refer to the presentation section in this packet for your member's level.) We host 2 Club Presentation Nights for the members at the club level. You may also participate if you are at the project presentation level. You will need a presentation prepared. After the monthly club meeting, we go to a side room to present in a small group. We need older members who have received a blue or gold at the County Presentation level and adults to help evaluate these presentations. We may be forced to cancel the club presentation night if we have no volunteers.

Project Presentation Night: Presentation has three levels based on age and your years in 4-H. (Please refer to the presentation section in this packet for your member's level.) Since most of our members at this level are young or very new to 4-H, we conduct a workshop for our project-level kids to learn how to give a formal presentation. At this event, they learn the important parts of a demonstration presentation and also get practice time in small groups. At the end of the evening, they present what they have learned to their small group.

Club Shirt Order: The club organizes a yearly t-shirt order for 4-H shirts. Sometimes, we have enough money to buy the shirts for all members, and some years, we supplement the money so the shirts are less expensive than the average. We always offer parents to buy shirts for themselves, too.

Bok Kai Parade (Bi-County Event): The Bok Kai parade celebrates our Chinese heritage and history in the area. The county 4-H office will submit a spot for a float. They ask at least one club to take the lead and bring a float. If there is no float, the kids walk in the parade.

Sutter Buttes 4-H Club Dinner Auction: We host a wonderful dinner and auction during our March monthly club meeting. Dinner is usually Tri-Tip and is free for whoever joins us for the night. Our members extend invitations to people who would

like to bid on auction items. We have two auctions: a silent auction with many baskets and goodies, and a live dessert auction. Each family in our club is asked to donate either a silent auction item or a dessert auction item. You can buy, make, or ask a local business to donate a tax-deductible item. We will have letters for the local businesses and send them thank you cards after dinner. Please take note of the March date and plan to attend.

Color Me Green Run (Bi-County Event and Possible Presentation Credit): The Color Me Green Run is a 5K walk/run where volunteers throw green coloring on the runners throughout the course. You will get Bi-County credit if you participate or volunteer to help run the event. In order to get Presentation Credit, you must be on the Color Me Green committee for planning and supporting the event in a manner where you are public speaking.

Fashion Revue (Bi-County Event): The county fashion revue aims to inspire an appreciation for clothing, textiles, consumer science, and personal development. At the revue, participants model their garments and may also give narrations to tell the audience about the model's name, the garment style, and any special features. If you receive a blue or gold, you are able to participate in the State Field Day Fashion Revue.

Sutter Buttes Day Parade and Sutter Buttes Day Children's Booth: Sutter Buttes Day celebrates the opening of our community pool and brings our community together. It includes a parade in the morning, vendor booths in the park, and cardboard boat races. The Sutter Buttes 4-H Club participates in the parade and conducts a children's center to help support the Sutter Youth Organization (SYO) and the Morehead Community Pool.

Club Year-End Swim Party: At the June monthly club meeting, we host an end-of-the-year party with swimming before the meeting and dinner during the meeting. It's a great way to end the year and have fun together.

Yuba Sutter Fair: The Yuba-Sutter Fair is where our members can show off their yearly projects, whether they have an animal to show in the Jr. Livestock Show and Auction or a still exhibit they did in their craft project or sewing project, etc. They can also participate in the archery competition or dog show if they are in those project groups. In order to register for any of these events, our members must qualify through 4-H and Yuba Sutter Fair eligibility requirements. Please refer to the Eligibility Requirement page in this packet or visit the Sutter Buttes 4-H website.

County End-of-Year Party (Bi-County Event): The County 4-H office organizes this Bi-County party to celebrate the end of the 4-H year. It is usually held at the Gauche Aquatic Park and includes dinner and mingling between clubs. The Bi-County credit is for the following membership year.



University of California
Agriculture and Natural Resources
4-H Youth Development Program

Steps to Success in 4-H

Member in Good Standing

Complete the enrollment process and be enrolled in at least one project.
Comply with 4-H Member Code of Conduct.

Project Completion

Be a member in good standing.
Complete a minimum of 6 hours of project instruction or more as required by the project leader.
Complete Annual Project Report (APR) form.
Annually receive a year stripe and pin.*

Club Participation

(for 4-H club programs only)
Be a member in good standing.
No attendance requirement.
100% attendance pin for perfect club meeting attendance.

Requirements to Exhibit at Fair

Complete Project Completion requirements.
Meet requirements as set by the county or fair.

Event Participation

Participation in county, sectional, state and national 4-H events is open to all 4-H members in good standing.
There may be eligibility requirements established by the event planning committee.

Incentives and Recognition

There are many ways to earn recognition in 4-H.
Awards can be earned based on project and club attendance and work.
Awards can be earned for participating at county, sectional, state and national 4-H levels.
Awards earned will be governed by county and state 4-H Incentives and Recognition Committees.

*Primary members, youth aged 5 to 8 years, receive a year stripe and pin for participation in a project. Project completion is not required.
Junior/Teen leaders receive a gold stripe and year pin for completing the Leadership Development Report (LDR). Junior/teen leaders are not required to actively participate in the project in which they are a leader.

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