

May 2026



Sutter Buttes 4-H News

Dear Parents:

Please be sure to head to sutterbuttes4H.com to RSVP for the June 9th Meeting. We will need to know how many members plan to swim at the meeting and get a head count for dinner. Swimming will begin at 4:00pm

Fair Eligibility

How to CHECK Completed/Outstanding Fair Requirements: To check your member's status for fair eligibility please go to our Club website and navigate to: Resources > Getting Ready for Fair > Check Your Fair Eligibility (Password: sutterbuttes25)

Don't Forget: Upcoming Fair Deadline, May 31, 2026: This is the deadline to enter any Still Exhibits, Industrial Projects, and enter the Archery Competition.

Volunteer Opportunity

The SYO has requested Sutter-Buttes 4H members attend Sutter Buttes Day to help out with running games, and face painting. This is a fun event and a great way to interact with our local community. Please let the community leaders know if you are interested in helping. (Note that this is **not** a bi-county event)

Thank you to our 2025-2026 Officers, your hard work and ideas made our club great this year!



Upcoming Events

State Field Day

Date: May 23rd

Location: UC Davis Wellman & Hart Halls

Sutter Buttes Day

Dates: June 6th

Location: SYO

Time: 10:00am – 4pm

Yuba-Sutter Fair

Dates: June 25-28th

Location: YS Fair Grounds

Social Media

Please submit photos that you wish to spotlight from project meetings or events to mrshunt530@gmail.com or (530) 586-2575. They will be featured in Facebook posts, on our website and in our newsletters.

Upcoming Club Meetings

June 11

- End of year swim party & dinner
- 4-6 pm: Swim @Morehead Family Pool
- 6 pm: Dinner & Meeting
- You will need to RSVP to BOTH the Swim & the Dinner. Look for the RSVP links on our website under the Sign-Ups tab.

May Healthy Living Tip

Getting Outside leads to a healthier life because it's like giving your body and mind a "recharge". The fresh air and sunshine act like a natural mood booster and sleep helper, similar to how a plant needs sunlight to grow. Being in nature also calms your mind, like taking a deep breath when you're feeling stressed. Plus, any movement you do outside, like walking or playing, strengthens your body, much like how exercise builds stronger muscles.

~ Autumn Rogers, Healthy Living Officer

Editor: Reagan Draper



Our website

